Lepton C.E. Primary Academy
Station Road, Lepton, Huddersfield, West Yorkshire HD8 0DE

Tel. 01484 600384
Email. office@leptonschool.co.uk
Website. leptonschool.co.uk

6th January 2026

Dear Parent and Carer,

SWIMMING - YEAR 4

As part of the Year 4 physical education National Curriculum Class 4 undertake swimming on a Monday afternoon at Huddersfield Leisure Centre.

The first session will be on **Monday 9th February 2026.**

KAL School Swim – Parent / Guardian Information

Swim Caps
Swim Caps are required for both health & safety as well as hygiene reasons.
Goggles
Children are allowed to wear goggles in their swimming lessons. All goggles should be made of unbreakable plastic and be of BS (British Safety) standard. Children should be aware of how to wear and remove them safely prior to their first lesson.
Jewellery
Physical Education Safe Practice states that all jewellery, including earrings and religious adornments must be removed. However, KAL appreciate that this is not always easy to ensure, therefore would request that parents/guardians please check that if their child's

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ears are pierced, they wear simple stud type earrings if due to attend school swimming lessons.

Medical Issues/Exclusions

If your child has any medical conditions, please ensure that your school informs the KAL school swimming teachers prior to their first lesson. Any medication (e.g. asthma inhalers) must accompany children to the pool.

Swimming is a life-saving skill and a compulsory part of the National Curriculum, therefore children will only be allowed to be excluded on medical grounds that are supported by a medical certificate.

We would encourage children to bring a healthy snack (cereal bar or fruit) and a named bottle of water for the bus journey back. Please do not send snacks containing nuts.

If you have any questions or require further information, please don't hesitate to ask.

Yours sincerely,

Rachel Brook

Mrs R Brook
Head of School